



## What did you learn in 2020? Essay contest

In our contest "What did you learn in 2020?" we asked you to write an essay about your learning experiences during the pandemic.

It was very difficult to choose the best essay, but we have decided on one: **Sophie Kindermann** from **Austria!** Congratulations, Sophie!

Sophie will use Easy LMS to teach children and teenagers about mental health. "I needed a platform that was easy to use because I had no time to learn how to use too many features that I didn't need".

Thanks to all of you who have shared your story with us! If you want to read more stories like this, follow us on social media where we will be publishing Sophie's story and others!

You can read her whole essay below:

The opinions expressed in this publication are those of the author. They do not intend to reflect the opinions or views of Easy LMS or its members.

*Dear audience! Time to make a think over. Time to let you see in my past month of 2020 and share my experiences with you. What did I learn in the year 2020? Take a seat, please. I learned how to explain to my children that Covid19 is an illness, and we have to be really careful with handling each other. I learned that asking my neighbor if she needs something from the supermarket was like giving her Easter, Christmas and birthday presents all for one.*

*I learned to play cards like my beloved father did, years after years before he died. I was happy not to explain to this old father what risks Covid-19 can bring to human beings. I learned doing distance learning as a professor. Therefore, I had to learn that distance learning circumstances can be deeply destroyed by having kids nearby. I learned that I have a very loud voice, that I didn't want to hear. Screaming around 'cause nobody in the flat can concentrate any more is more ineffective than something else.*

*I learned that children sooner are getting better at using digital skills than I ever will. I learned that I don't have to go to church because I have found my strength and fullness in my "inner church". I learned to install more than 5 platforms of video calling. I also learned that using 2 video calling platforms at the same time makes strange feelings for anybody who's involved. I learned to work at night, when silence is like an overwhelming feeling of happiness. I learned that being with 4 others in one flat can't be understood from people who live alone - for years, I guess.*

*I learned that problems can be unsolved. The solution sometimes comes from alone, sometimes never. Some problems turn into other kinds of problems. Some problems are not real enough to stay for long.*

*I learned how deep I am loved by my family members. They need me and I need them, even in times of struggling around the whole week. They love me, although I push their feelings around even not wanting or seeing it. I learned to be a reflected person is a gift. I learned that holding each other is a present in times of Covid-19.*

*I learned about myself being a person who still is looking forward, anytime. I learned math with my kids, handling video conferences, being supervised by video callings, and get therapy by telephone. I learned how intensive is the bonding between my children to their grandmother and how hard it is to handle the distance.*

*After all these spectacular days in the year 2020, I really learned to love, to be kinder, more respectful, and more "chilled" in everyday situations. There's no lockdown without learning – no living together without learning from each other.*

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